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Roth JCC of Greater Orlando

Roth Jewish Community Center of
Greater Orlando
851 North Maitland Avenue
Maitland, FL 32751
Ph: 407-645-5933
Fax: 407-645-1172

We're on the web!
www.orlandojcc.org

Seniors On The Go

JULY/AUGUST 2011

Find us on the web!
Visit: WWW.ORLANDOJCC.ORG
Be a fan on Facebook,
Jewish Community Center
of Greater Orlando

"Strengthening Jewish Identity
and Family Life while helping
to Build Community"



Roth Jewish Community Center
of Greater Orlando
851 North Maitland Avenue
Maitland, FL 32751
(407) 645-5933

Jack & Lee Rosen Southwest Orlando Campus
1184 S Apopka Vineland Rd.
Orlando, FL 32836
(407) 387-5330



Roth JCC of Greater Orlando

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Oakmonte Village Retirement Community
The *Newest* and Most *Spectacular*
Retirement Community In Central Florida

*Luxury
Senior Living*



The Villa's are now open!
Call today for your tour and complimentary dining experience!
407-732-5800

Join us at 5:00 pm
For Shabbat Service
On Friday
July 8th & July 22nd
&
August 12th &
August 26th



It is our goal to exceed your expectations every step of the way!

Membership Renewal Registration

Please Note: You must be a JCC Member to participate in these groups. For Membership info, please call Registrar at 407-645-5933 ext. # 336.

Please check the group (s) you wish to join:

___ 39ers \$5.00

___ JCC Senior Nite Club \$5.00

Note: Annual dues are \$5 per person/per group
In addition to your JCC membership. Thank-you!

Name: _____

Address: _____

Phone: _____

Email: _____

Birth date: _____

Anniversary: _____

Please send this form with payment to:
Roth Jewish Community Center of Greater Orlando
c/o Senior Activity Director
851 North Maitland, Avenue
Maitland, FL 32751
407-645-5933 x 244

JULY/AUGUST 2011

PRESIDENT'S MESSAGE

This newsletter is a summer edition for July and August. 39er activities continue as usual with a few minor changes. The event of the month for July is our "Asian Afternoon" on Sunday, July 24th. Our "Annual Indoor Picnic" is the special event for August on Monday, August 22nd. Read this edition carefully for more details on these and other programs. Your Board will be meeting to plan programming for the rest of the year. A great deal of preparation goes into providing our members with a timely newsletter, so please do not discard it immediately. Keep it as a guide to senior activities at the "J." In this way, you will be well informed and will not miss out on all we have to offer.

Lillian Berkowitz, President

BITS AND PIECES

Several 39ers made generous donations to our Cake & Coffee Fund: MARTHA KIRSCHNER in honor of her birthday; ROZ GREENHUT in honor of the birth of her great granddaughter ABIGAIL and SONDRAS OSCHER who included the following note, "I want to thank you all for your cards and visits to me...It was so wonderful to see your familiar faces. I want to thank my sister, MIMI TEICHER, for being there for me. Love, SONDRAS." BARBARA TETI brought us cake to say "thanks" to all those who sent her cards on her recent bereavement. SOLLY HABER, IRMA SMITH, EVA & DAVE MEYER and SHIRLEY ZAWATSKI all contributed to enhance our Sunday refreshments. We want to take this opportunity to thank MARLENE BOLANTE for making her extensive DVD collection available to us.

CINEMA SUNDAY

Sunday programming features the showing of movies in the Senior Lounge, both recent releases and classics. Lounge opens at 1 P.M. Movie time 2 P.M.

July 3rd-HOLIDAY WEEKEND. NO PROGRAMMING.

July 10th-“You Again”-Jamie Lee Curtis & Betty White.

July 17th-“Casino Jack”-Kevin Spacey.

July 24th-Special Event see page 8.

July 31st-“True Grit”-Jeff Bridges.

Aug. 7th-“The American”-George Clooney.

Aug. 14th-“The Backup Plan”-Jennifer Lopez.

Aug. 21st-“Beyond a Reasonable Doubt”-Michael Douglas.

Aug. 28th-“The Bounty Hunter”-Jennifer Aniston.

Silver Sneakers

Silver Sneakers is held in the aerobics room on the following days:

Tuesday	11:00-11:45 strengthening class
NEW!	
Silver Splash	12:00-12:45 meet at the pool
Wednesday	11:00-11:45 cardio circuit
Thursday	11:00-11:45 strengthening class
Thursday	12:00-12:45 Senior Yoga



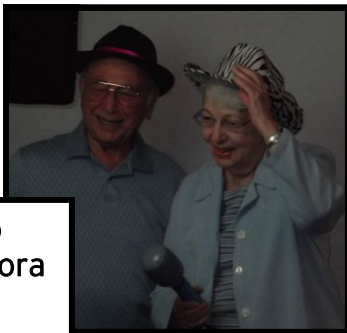
There is certainly a lot to read in this double summer issue of Senior's on the Go. There are extra copies in the main lobby of the J, in my office and of course on line at orlandojcc.org/seniors. Camp Kayne Horah was lots of fun as we enjoyed programs in the **air-conditioned senior lounge**, various meals prepared for us by different sponsors in the community, ventured out on two bus trips, learned to play Bunco, roll sushi and lots more. See the many photos taken at camp on display in the senior lounge. Also check on facebook to see more photos of Camp Kayne Horah.

I will be taking some vacation time in July and August. If you catch me in, come say hi. I hope you enjoy yourselves and stay cool!

~Emily



Camp
Kayne Hora
2011



MEET AND MINGLE MONDAYS

Monday programming begins with the "Laughter Club" at 11:30 A.M. in the Senior Lounge. Laughing is not only fun, but good for your health. Come down and prove it to yourself!

1:00 P.M.-Please note that for July and August Monday programming will be held in the Senior Lounge. After our regular meeting, refreshments will be served. Social time follows.

July 4th-HOLIDAY. JCC CLOSED.

July 11th-"ART'S THE SPARK" a program from the ORLANDO MUSEUM OF ART will be presented.

July 18th-"TEAM TRIVIA" presented by JODI HAMPTON from Visiting Angels.

July 25th-"THE OLD TIME DATING GAME" presented by HARRIET WEISS.

Aug. 1st-"FAVORITE REMEDIES OF HELP FROM THE KITCHEN" presented by MYRNA OSSIN.

Aug. 8th-"WHAT'S YOUR STORY?" presented by CLAIRE MERCER.

Aug. 15th-HEDY BASS of RSVP will speak.

Aug. 22nd-SPECIAL EVENT! ANNUAL INDOOR PICNIC! (SEE ARTICLE.)

Aug. 29th-TO BE ANNOUNCED.

GAME DAY TUESDAY

Tuesdays continue to be a day for game playing from 1:00 to 3:00 P.M. in the Senior Lounge. Games such as Canasta, Mah Jong, Scrabble, Bridge and Dominos are played. If you would like to introduce your favorite game, organize your table with other 39ers and become part of the group. Refreshments served.



WOW WEDNESDAYS

Wednesday programming alternates between "SOAPBOXING IT!" an interactive discussion group and "SENIOR SMARTS" a trivia based activity. Both programs are held in the Senior Lounge from 11:30 A.M. to 1:00 P.M. Bring lunch. Dessert and coffee available.

"SOAPBOXING IT!"-July 6th & 20th.Aug. 3rd, 17th & 31st.
 "SENIOR SMARTS"-July 13th & 27th.Aug. 10th & 24th.

KNIT AND PURL

This activity is held on Wednesdays from 1:00 to 3:00 P.M. in the Senior Lounge. Participants engage in projects involving knitting, crocheting or any type of needlework (choice of project is yours.) New comers are always welcome to join in!

"HONORABLE MENSCHEN" CHORAL GROUP

Wednesdays from 2:00 to 3:00 P.M. in the Senior Lounge, under the direction of RUTH SANDWEISS. If you are interested in singing and enjoying a good time, come down and join the group. For more information, contact BEA POLLACK (407-644-4149.)

**KNIT AND PURL**

This activity is held on Wednesdays from 1:00 to 3:00 P.M. in the Senior Lounge. Participants engage in projects involving knitting, crocheting or any type of needlework (choice of project is yours.) Newcomers are always welcome to join in!

-THURSDAY, JULY 14 > 'Lunch & Entertainment' Lunch at Bravo Cucina Italiana At 11:30 am and enjoy a special guest for your entertainment. Then, take a trip to the movie theatre to watch the Comedy/Romance "Larry Crowne" starring Tom Hanks and Julia Roberts. Popcorn & Drink included.

Transportation provided from Bravo's to Movie theatre & return back to Bravo's. Time TBA. \$42 **Transportation** from Maitland JCC, departing at 10:45 am, returning to Maitland JCC by 6pm. \$55

-THURSDAY, JULY 21 > 'Tour & Soup Galore' Trip to Chalet Suzanne Soup Cannery for a guided tour and soup tasting, then lunch, and then a stop at Florida's Natural Growers Grove House Visitor Center and see how Florida's Natural Brand juices are squeezed. Learn about Florida's citrus industry in our video tour and interesting exhibits highlighting the Lake Wales area, horticulture, nutrition, packaging and a video.

Transportation provided: Depart Williamsburg Clubhouse (10722 Gateway Avenue Orlando FL 32821) at 10:40am. Time of return to Williamsburg is by 6 pm. \$42

Transportation from Maitland JCC, departing at 10:00 am, returning to Maitland JCC by 7pm. \$55

FOR MORE INFORMATION, CONTACT: JAMIE SCHWARTZ

Phone: 407-387-2742

E-mail: jamies@orlandojcc.org

REGISTER AT THE JCC WITH AN ACTIVITY REGISTRATION FORM
 JCC South Address: 11184 S Apopka Vineland Rd. Orlando, FL 32836

SUNDAY< AUGUST 28 AT 2PM

Our annual FREE event, "Taste of the J". Chai Steppers will have a table at this event to try and promote for new members! Hope to see you there! There will be food tastings, entertainment, health fair and green market vendors, and many more from the JCC!

JULY BIRTHDAYS:

Evelyn Chassin 7-4
 Arnold Chassin 7-6
 Anna Tuckman 7-9
 Edward Jacobs 7-10

AUGUST BIRTHDAYS:

Trudi Lichtman 8-4
 Bella Katz 8-14
 Toby Thierer 8-24
 Sheldon Silberstein 8-24

Rosen Campus Summer Birthdays And Anniversaries



SENIOR ADVISOR MESSAGE:

I look forward to seeing you at our remaining camp days! Enjoy your summer, and I will see you at our next meeting!

-Jamie

JULY ANNIVERSARIES:

Shirley Dornfest
 Ronald & Yvette Bleeker

AUGUST ANNIVERSARIES:

Ellen & Robert Abrams
 Ruby & Jerry Steinfeld

TERRIFIC THURSDAYS

Thursdays feature a different program each week. All programs are held in the Senior Lounge at 1:30 P.M. Pick and choose your favorites or come to them all.

July 7th-BOOK REVIEW : Canceled this month.

July 14th-MORT OHREN presents "BEST OF BROADWAY/HOLLYWOOD MUSICALS." See and hear video clips from the world's greatest musical entertainment. This program is open to all members of the "J" in good standing.

July 21st-CONVERSATIONAL YIDDISH GROUP-You do not have to be fluent to attend. Come and enjoy the humor!

July 28th-MOVIE & DISCUSSION. Films are selected that warrant discussion. Please be advised that they may contain adult situations, language or violence. This month's movie is "WAITING FOR SUPERMAN."

Aug. 4th-BOOK REVIEW. LOIS LILLING, who directs our discussions, will review "MOLOKAI" by ALAN BRENNERT.

Aug. 11th-MORT OHREN presents more of "BEST OF BROADWAY/HOLLYWOOD" to delight you!

Aug. 18th-CONVERSATIONAL YIDDISH GROUP-More fun...more mamaloschen! Come!

Aug. 25th-MOVE & DISCUSSION. This month's movie is "ANOTHER YEAR."

BOARD MEETINGS

39er Board Meetings are held on the second Monday of each month in the Senior Lounge at 10:00 A.M. The July meeting is scheduled for July 11th. The August meeting will be August 8th. All board members are expected to attend.

ASIAN AFTERNOON

You are invited to attend our "Asian Afternoon" on Sunday, July 24th at 12:30 P.M. in the Senior Lounge. A Chinese style luncheon will be served consisting of Chinese Vegetables with Rice, accompanied by a vegetable Spring Roll. Dessert will be Ice Cream, a Fortune Cookie and Tea/Coffee. Following lunch, there will be a showing of the musical "FLOWER DRUM SONG." The cost will be \$6. for members, guests of 39ers \$8. Reservations may be made with CLAIRE (407-699-0956.) Due to the fact that this event will be held in the Senior Lounge, attendance must be limited to 50 persons. After the 50 reservations are paid, we will be unable to accommodate anyone else. Reserve early! Come enjoy good food, a good movie and the cool ambiance of our Senior Lounge.

**Upcoming Events****Anniversaries****JULY/AUGUST ANNIVERSARIES**

Joyce & Martin Zeluck	Aug. 10
Marlene & Lester Morris	Aug. 19



**Camp
Kayne Hora
2011**

Upcoming Events



Birthdays



JULY/AUGUST BIRTHDAYS

****We apologize for omitting the June 20th birthday of Jack Fields.**

Myrna Fields	July 9
Richard Wolf	July 14
Lester Morris	July 15
Rosalie Glagov	July 21
Marvin Klein	July 24
Annette Reiter	July 27
Sue Greene	July 27
Muriel Weiselberg	Aug. 3
Bernard Rosenfeld	Aug. 4
Beatrice Allen	Aug. 13
Irwin Feldman	Aug. 16
Joe Weinberg	Aug. 16
Dora Furst	Aug. 17
Sondra Oscher	Aug. 20
Bernice Diamond	Aug. 20
Morris Solomon	Aug. 21
Zelda King	Aug. 22
Sheldon Silberstein	Aug. 24
Alvin Sarnoff	Aug.30
Florence Kuppe	Aug. 31



ANNUAL INDOOR PICNIC

Our Annual Indoor Picnic will be held on Monday, August 22nd at 12:30 P.M. in the J.C.C. Auditorium. As always, we promise you no ants, no heat, just lots of great picnic fare. Our menu includes kosher hot dogs on buns, potato salad, coleslaw, a variety of condiments, fruit ices, cookies and hot/cold beverages. The cost for a 39er is \$5., guests of 39ers \$7. Your payment is your reservation and may be made with LEE (407-327-3774) or SONDRÁ (407-331-5175.)

Deadline for reservations is August 15th. Door sales are not encouraged, but if accepted are subject to an additional \$2. increment.



Just For Fun!

For this issue count the number of Flags.



Bring your answers to the next Monday program!

Senior Nite Club

Meets The Third Thursday at 7:30 pm

PRESIDENTS MESSAGE

Hi Everyone,

It's going to be a very tough job following Faith as President - But I promise you that I will tackle this task with much gusto and give it my best shot.

All of you have already received a letter from me in which I outlined some of my plans. Our main focus will be on entertaining our members, and with the assistance of Emily - increasing our membership.


We are blessed with a dedicated Board of Directors, and we all are looking forward to a banner year.

Mort Ohren

2011/12 Board of Directors

President	Mort Ohren
Vice Presidents	Lester Glagov, Gloria Shindelman & Harriet Levine
Secretary	Lee Ohren
Treasure	Marvin Klein
Past President	Faith Brotman
In House Programs	Lester Glagov
Outside Programs	Harriet Levine
Membership	Marvin Klein & Mort Ohren
Newsletter Editor	Ed Shindelman
Historian	Jim Reiter
Hospitality	Gloria Shindelman & Yvette Blum
Sunshine	Billie Goldhar
Photographer	Marvin Klein
Telephone	Roz Feldman, Cookie Klein & Rosalie Glagov
Raffle	Kail Brotman & Malcom Feldman

2011

Day	Thursday	Friday	Saturday
<p>4</p> <p>Senior Sizzle Fitness 10:45-11:45 am Silver Sneakers 11:00-11:45 Strengthening 12:00-12:45 Yoga 39ers - Book Review Senior Nite Club Polonia Polish Restaurant - 6:00 pm</p>	<p>5</p> 	<p>6</p> <p>The fitness center at both campuses, is open at 8am on Saturdays.</p>	
<p>11</p> <p>Senior Sizzle Fitness 10:45-11:45 am Silver Sneakers 11:00-11:45 Strengthening 12:00-12:45 Yoga 39ers - Mort Ohren Best of Broadway/Hollywood</p>	<p>12</p> <p>5:00 pm Shabbat Service At Oakmonte Village</p>	<p>13</p>	
<p>18</p> <p>Senior Sizzle Fitness 10:45-11:45 am Silver Sneakers 11:00-11:45 Strengthening 12:00-12:45 Yoga SNC Planning 1:00 39ers Conversational Yiddish Group 1:30</p>	<p>19</p>	<p>20</p>	
<p>25</p> <p>Senior Sizzle Fitness 10:45-11:45 am Silver Sneakers 11:00-11:45 Strengthening 12:00-12:45 Yoga 39ers - Movie & Discussion 1:30 Senior Nite Club</p>	<p>26</p> <p>5:00 pm Shabbat Service At Oakmonte Village</p>	<p>27</p>	
<p>31</p> <p>Senior Sizzle Fitness 10:45-11:45 am Silver Sneakers 11:00-11:45 Strengthening 12:00-12:45 Yoga 39ers- TBA 1:30</p>	<p>Maitland Campus Rosen Campus</p>		

August

Sunday	Monday	Tuesday	Wednesday
	1 Laughter Club - in the Senior Lounge 11:30 am Meet & Mingle Favorite Remedies of Help from the Kitchen - 1:00 pm	2 Senior Sizzle Fitness 11:15 - 11:45 am Silver Splash 12:00-12:45 Silver Sneakers 11:00 - 11:45 am 39ers - Game Day 1-3 pm in Snr. Lng.	3 Silver Sneakers 11:00-11:45 C 39ers - "Soapboxin" 11:30 - 1:00 Knit & Purl- 1 Honorable Me 2:00 - 3:00
7 Cinema Sunday Movie 2:00 pm Senior Lounge "The American"	8 39ers Board Meeting 10:00am Laughter Club - in the Senior Lounge 11:30 am Meet & Mingle What's Your Story? 1:00 pm	9 Senior Sizzle Fitness 11:15 - 11:45 am Silver Splash 12:00-12:45 Silver Sneakers 11:00 - 11:45 am 39ers - Game Day 1-3 pm in Snr. Lng.	10 Silver Sneakers 11:00-11:45 C Silver Sneakers 11:00-11:45 C 39ers - Senior 11:30 am-1:00 Knit & Purl- 1 Honorable Me 2:00 - 3:00
14 Cinema Sunday Movie 2:00 pm Senior Lounge "The Backup Plan"	15 Laughter Club - in the Senior Lounge 11:30 am Meet & Mingle Hedy Bass of RSVP 1:00	16 Senior Sizzle Fitness 11:15 - 11:45 am Silver Splash 12:00-12:45 Silver Sneakers 11:00 - 11:45 am 39ers - Game Day 1-3 pm in Snr. Lng.	17 Silver Sneakers 11:00-11:45 C 39ers - "Soapboxin" 11:30 am-1:00 Knit & Purl- 1 Honorable Me 2:00 - 3:00
21 Cinema Sunday Movie 2:00 pm Senior Lounge "Beyond a Reasonable Doubt"	22 Laughter Club - in the Senior Lounge 11:30 am Meet & Mingle Annual Outdoor Picnic 12:30 JCC Auditorium	23 Senior Sizzle Fitness 11:15 - 11:45 am Silver Splash 12:00-12:45 Silver Sneakers 11:00 - 11:45 am 39ers - Game Day	24 Silver Sneakers 11:00-11:45 C 39ers - Senior 11:30 am-1:00 Knit & Purl- 1 Honorable Me 2:00 - 3:00
28 Cinema Sunday Movie 2:00 pm Senior Lounge "The Bounty Hunter"	29 Laughter Club - in the Senior Lounge 11:30 am Meet & Mingle TBA 1:00	30 Senior Sizzle Fitness 11:15 - 11:45 am Silver Splash 12:00-12:45 Silver Sneakers 11:00 - 11:45 am 39ers - Game Day	30 Silver Sneakers 11:00-11:45 C 39ers - "Soapboxin" 11:30 am-1:00 Knit & Purl- 1 Honorable Me 2:00 - 3:00

Senior Nite Club

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DINING ADVENTURE

July 7th 6:00 pm
Aladdin Lebanese Cuisine
1015 Semoran Blvd - Casselberry
50% off second entrée

It is important to RSVP to Lee (407) 327 3774 by July 5th

August 4th 6:00 pm
Polonia Polish Restaurant
750 S. Hwy 17/92 - Longwood
\$5.00 off second entrée

It is important to RSVP to Lee (407) 327 3774 by Aug 2nd

September 1st 6:00 pm
Palma Maria Restorante
1015 Semoran Blvd - Casselberry
Early Bird Special with Free Stuff

It is important to RSVP to Lee (407) 327-3774 by Aug 30

PLANNING MEETING
Thursday, August 18 1:00 pm



July 2011



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
Maitland Campus Rosen Campus	Happy Independence Day!					1 	2 The fitness center at both campuses, is open at 8am on Saturdays.
3 Cinema Sunday 2:00 pm Holiday weekend No Program	4 Independence Day JCC CLOSED 	5 Senior Sizzle Fitness 1115 - 11:45 am Silver Splash 12:00-12:45 Silver Sneakers 11:00 - 11:45 am 39ers - Game Day 1-3 pm in Snr. Lng.	6 Silver Sneakers 11:00-11:45 Cardio 39ers"Soapboxing It" 11:30 am-1:00 pm Knit & Purl- 1-3 pm Honorable Menshens 2:00 - 3:00 pm	7 Senior Sizzle Fitness 111 - 11:45 am Silver Sneakers 11:00 - 11:45 am Chai Stepper Red, White, & BBQ 12:30 Senior Night Club Aladdin Lebanese Cuisine 6:00pm	8 5:00 pm Shabbat Service At Oakmonte Village	9	
10 Cinema Sunday Movie 2:00 pm Senior Lounge "You Again"	11 39ers Board Meeting 10:00 am Laughter Club - in the Senior Lounge 11:30 am Meet & Mingle 1:00 pm "Art's The Spark"	12 Senior Sizzle Fitness 1115 - 11:45 am Silver Splash 12:00-12:45 Silver Sneakers 11:00 - 11:45 am 39ers - Game Day 1-3 pm in Snr. Lng.	13 Silver Sneakers 11:00-11:45 Cardio 39ers - Senior Smarts 11:30 am-1:00 pm Knit & Purl- 1-3 pm Honorable Menshens 2:00 - 3:00 pm	14 Senior Sizzle Fitness 111 - 11:45 am Silver Sneakers 11:00 - 11:45 am Chai Steppers Lunch and Entertainment 11:30 39ers- Mort Ohren Best of Broadway/ Hollywood Musicals	15	16	
17 Cinema Sunday Movie 2:00 pm Sr. Lounge "Casino Jack"	18 Laughter Club - in the Senior Lounge 11:30 am Meet & Mingle 1:00 pm "Team Trivia"	19 Senior Sizzle Fitness 1115- 11:45 am Silver Splash 12:00-12:45 Silver Sneakers 11:00 - 11:45 am 39ers - Game Day 1-3 pm in Snr. Lng.	20 Silver Sneakers 11:00-11:45 Cardio 39ers"Soapboxing It" 11:30 am-1:00 pm Knit & Purl- 1-3 pm Honorable Menshens 2:00 - 3:00 pm	21 Senior Sizzle Fitness 111 - 11:45 am Silver Sneakers 11:00 - 11:45 am Chai Steppers Tour and Soup Galore 39ers- Conversation Yiddish Group SNC Planning 7:30	22 5:00 pm Shabbat Service At Oakmonte Village	23	
24 /31 24th: Cinema Sunday No movie Special Event See page 8 31st: Cinema Sunday Movie 2:00 pm Senior Lounge "True Grit"	25 Laughter Club - 11:30 am Meet & Mingle 1:00 pm "Old Time Dating Game"	26 Senior Sizzle Fitness 1115 - 11:45 am Silver Splash 12:00-12:45 Silver Sneakers 39ers - Game Day	27 Silver Sneakers 11:00-11:45 Cardio 39ers - Senior Smarts 11:30 am-1:00 pm Knit & Purl- 1-3 pm Honorable Menshens 2:00 - 3:00 pm	28 Senior Sizzle Fitness 111 - 11:45 am Silver Sneakers 11:00 - 11:45 am 39ers- Movie and Discussion"Another Year"	29	30	